

Follow the steps below to join the challenge!

E*TRADE Live Well – Holiday Challenge – European Expedition



How do I join?

1. Login to [Aetna Navigator](#)
2. Click the “Discover a Healthier You” link from Navigator to launch MEP;
3. Welcome to your Member Engagement Platform! Scroll down to the “Additional Resources” section at the bottom of the MEP page and click the “Active Challenge” icon to join the E*TRADE Live Well – Holiday Challenge – European Expedition under the Challenge tab.
4. You can join the E*TRADE Live Well – Holiday Challenge – European Expedition at any time, even after November 12th!